

CHARLTON BREAKFAST AND AFTER SCHOOL CLUB NEWSLETTER

Welcome to Term 4.

This term we have been mostly trying to work out what the weather will be doing, are we outdoors or indoors, wearing hats scarves and coats or t-shirts! Overall we have been quite lucky and outdoors most of the time. We are hoping we will be able to start using the school field over the next couple of weeks which all the children love.

We are continuing to focus on recycling and thinking sustainably. Yolanda and Jodie recently attended an 'Out of Schools Provider' webinar which had some very useful information from 'Good Food Oxfordshire'

[Oxfordshire's Sustainable Food Network | Good Food Oxfordshire](#) This site has some great information about local projects, networks, food banks and strategies. Please take a look.

There are still a lot of bugs present in school, the Uk Health Security Agency has recently warned of a second wave of Norovirus. Some more information and how to prevent the spread is detailed on the next page. If your child is sick or has diarrhoea **please keep them off school for a full 48 hours** after their last episode. We understand this impacts on working parents and often children bounce back very quickly. The 48 hour rule is very important to reduce the spread to other children and staff. The only way we can stay open is staff remaining well.

Please remember to let us know if your child is off sick.

We will be contacting all parents soon regarding your required sessions for the next academic year, September 2025—August 2026. Please keep an eye out for the email and let us know your requirements as soon as you can.

Charlton Breakfast and After School club team.



Email: basccharlton@gmail.com

Telephone: 07598 809621

Facebook: Charlton Breakfast and After School Club



UK Health
Security
Agency

Stop norovirus spreading

Norovirus, also known as the 'winter vomiting bug', is the most common stomach bug in the UK. It can spread easily through close contact, or by contaminated surfaces, food or water.

The main symptoms of norovirus include a sudden onset of nausea, followed by projectile vomiting and diarrhoea, usually 1 to 2 days after becoming infected. Other common symptoms include a high fever, a headache and aching arms and legs.

Good hand hygiene is important to stop norovirus spreading.

To stop norovirus spreading, you should:

- wash your hands thoroughly using soap and warm water after using the toilet or contact with a sick individual and before preparing and eating food.
- stay off school or work until you have not been sick or had diarrhoea for at least two days
- not rely on alcohol gels instead of washing your hands, as these do not kill the virus
- wash any contaminated clothing or bedding using detergent at 60°C using disposable gloves to handle any items
- use bleach-based cleaners to disinfect surfaces

If you catch it, stay home for 48 hours after your symptoms clear

DO



Wash clothes and bedding at 60°C



Wash hands with soap, clean surfaces with bleach-based disinfectants



DON'T



Go to work or school, visit care homes or hospitals



Prepare food for others



Most people will make a full recovery in 2-3 days without needing any medicine. It is important to keep hydrated – especially children and the elderly.

Try not to visit A&E or GP surgeries if you have symptoms of norovirus unless advised to do so by a healthcare professional, as this may spread the bug to others. Call ahead to a GP or ring NHS 111 if you are worried about your symptoms.

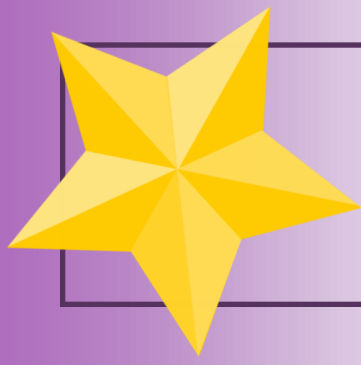
Further information is available at NHS 111 or NHS.uk (<https://www.nhs.uk/conditions/norovirus/>)

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What we have been up to this term, so far!

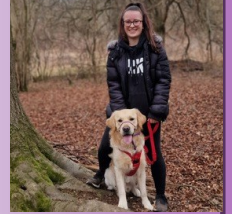


One of our lovely Year 6's reading a story



An interview with...

Jessie!



Jessie is one of the club's playworkers, working Tuesday, Wednesday, Thursday and Friday at After School Club. And Thursday & Friday at Breakfast Club. Jessie also works as a 1:1 Teaching Assistant at another local primary school.

Our interview with Jessie was conducted by Year 5 pupil, Zach.

What is your favourite colour? *Red, black and purple*

Do you have any pets? *Yes. Two dogs, a cat and a bearded dragon*

What is your favourite animal? *Donkey*

What is your favourite food? *A good burger*

Do you like to cook? *Not really*

How old are you? *19*

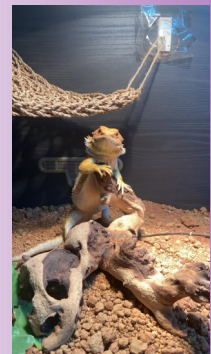
What is your favourite thing to do at home? *Spending time with family.*

What is your favourite game? *8 Ball Pool*

What is your favourite fruit? *Banana or Apple*

Do you play any sport? *Yes I play and umpire netball.*

Do you have any hobbies? *I Irish dance and I love cars. My favourite car is a Mitsubishi Evo.*



NEW TEAM MEMBERS

We sadly said goodbye to Evie this term, she will be focusing on exams and we wish her all the best. We are delighted to welcome two new assistants to our team.



Ollie

Ollie joined us last term as one of our play assistants and has quickly become a firm favorite with all the children. Especially outdoors where he always has energy for football and other fun activities. I am sure you will hear his name mentioned by the children.



Sophie

Sophie joins us this term as one of our kitchen assistants and has fitted in really well. Sophie never stops smiling even when she is presented with messy pots and pans. Always giggling and having fun she has also become a firm favorite with the children, no doubt you will hear her name too.

Ollie and Sophie both attended Charlton Primary School and are both currently studying for their GCSE's.

DATES FOR YOUR DIARY

March 26th—Year 3 performance
2.30pm.

March 27th—Year 3 performance
6.30pm.

April 4th—12.00pm—End of term (**ASC runs until 3.15pm**) **Please** make sure your child brings a packed lunch if they are attending ASC.

Meet the Team

Manager

Yolanda

Deputy Manager

Jodie

Playworkers

Allison

Wendy

Tia

Jessie

Stevie

Debbie

Assistants

Martha

Isobel

Sophie

Grace

Hannah

Ollie



Reminders:

- Just a polite reminder that the car park is for school staff use only. If you are dropping off at Breakfast Club or collecting from ASC **please park off site** and walk over to the school. Particularly with the darker mornings and evenings, we need to limit vehicle movement on site to safeguard children and adults.
- **Breakfast Club**—We **stop** serving breakfast at **8:15am** to allow time to clear the kitchen and hall in time for the school day to start. Please ensure your child arrives before this time if you require them to have breakfast.
- **Cancelled sessions**—We require 5 days notice to cancel a session otherwise you will be charged. Please also remember to let us know if your child is unwell or not attending a session they are booked in for. You can do this via email to our gmail address below, whatsapp, text or call to 07598 809621. Thank you

If you have any queries please speak to any member of staff at drop off / pick up time or drop us a message or email.

Safeguarding information.

If you have any safeguarding concerns regarding any child our Designated Safeguarding Leads (DSLs) are Yolanda Owen and Jodie Allday. You can also contact any of the below for advice:

[Contact us | NSPCC](#)

Childline— 0800 1111

Multi—Agency Safeguarding Hub—0345 0507666 (out of hours 0800 833 408)

Charlton Primary School DSLs are— Sam Campbell, Steven Rose, Heidi Thorne and Katie Woolton

[Home](#) - Charlton Breakfast and After School club website.

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